**College Counselor Resource Guide for Working with Transgender Students**

One of the challenges facing college counselors and counseling centers is having competency in working with transgender students or those who are considering a gender related transition. A majority of training programs at the masters and doctoral level do not provide adequate training and resources to work with this marginalized population to the level of achieving competency in clinical practice. As such, this guide was created so that a collection of resources are located in one place for college counselors to have access to this specialized knowledge when working with transgender college students. The hope is that this guide will be a starting point and help you, the college counselor, obtain the answers and resources needed to increase greater proficiency and to improve treatment outcomes for this underserved population. This knowledge is crucial as this population is increasingly seeking services at university counseling centers.

**General information regarding working with transgender clients as a professional counselor**

Good general resources include the World Professional Association for Transgender Health (WPATH)<http://www.wpath.org/>, PFLAG’s Transgender Network<https://www.pflag.org/transgender>, and The Association of Lesbian, Gay, Bisexual,  
 and Transgender Issues in Counseling<http://www.algbtic.org/>.

**Information on evidenced based practices with this population as a professional counselor**

This information can be found at WPATH Transgender Health Bibliography <http://www.wpath.org/site_page.cfm?pk_association_webpage_menu=1352&pk_association_webpage=3930> Learning Trans <https://learningtrans.org/> , and The Trans Medicine Yahoo Group <https://groups.yahoo.com/neo/groups/transmedicine/info> .

**Information on transgender health**

This information can be found at The Center for Excellence in Transgender Health<http://www.transhealth.ucsf.edu/>, Trans-medicine Listserv<https://groups.yahoo.com/neo/groups/transmedicine/info>, and The National LGBT Health Education Center<https://www.lgbthealtheducation.org/>.

**Information regarding advocacy for transgender clients**

This information can be found at The National Center for Transgender Equality<https://transequality.org/>, The Gay and Lesbian Alliance Against  
 Defamation (GLAAD)’s Transgender Resources<https://www.glaad.org/transgender/resources>, and the Trans Advocacy Network<https://www.transadvocacynetwork.org/>.

**Information regarding ethical obligations when working with transgender clients**

This information can be found at the American Counseling Association Code of Ethics<https://www.counseling.org/resources/aca-code-of-ethics.pdf> , American Psychology Association Code of Ethics<http://www.apa.org/ethics/code/> , and the American Mental Health Association  
Code of Ethics<https://amhca.site-ym.com/page/codeofethics> , and Transgender Cultural Competencies for Medical Providers<https://vimeo.com/ondemand/21493>.

**Articles, books, and other resources related to working with transgender clients**

This information can be found at WPATH Research and Resources [http://www.wpath.org/site\_page.cfm? pk\_association\_webpage\_menu= 1352&pk\_association\_webpage=3930](http://www.wpath.org/site_page.cfm?%20pk_association_webpage_menu=%201352&pk_association_webpage=3930) and the Center of Excellence for Transgender Health’s Transgender Learning Center<http://www.transhealth.ucsf.edu/trans?page=lib-00-00>.

**Information on hormone therapy**

This information can be found at [lgbthealtheducation.org](https://www.lgbthealtheducation.org/)’s The Medical Care of Transgender Persons [http://www.lgbthealtheducation.org/ wp-content/uploads/COM-2245-The-Medical- Care-of-Transgender-Persons.pdf](http://www.lgbthealtheducation.org/%20wp-content/uploads/COM-2245-The-Medical-%20Care-of-Transgender-Persons.pdf) and NHS’s A Guide to Hormone Therapy for Trans People [http://www.teni.ie/attachments/ 9ea50d6e-1148-4c26-be0d-9def980047db.PDF](http://www.teni.ie/attachments/%209ea50d6e-1148-4c26-be0d-9def980047db.PDF).

**Information on gender reassignment surgery**

This information can be found at TSSurgeryguide.com [http://www.tssurgeryguide.com/ sex-reassignment-surgery.html](http://www.tssurgeryguide.com/%20sex-reassignment-surgery.html) and Qunomedicalcom [https://www.qunomedical.com/en/ resources/sex-reassignment-surgery-guide](https://www.qunomedical.com/en/%20resources/sex-reassignment-surgery-guide)

**Requirements for writing a letter supporting gender reassignment surgery as a professional counselor**

This information can be found at WPATH Medical Necessity Statement: [http://www.wpath.org/site\_page.cfm?pk\_ association\_webpage\_menu=1352&pk\_ association\_webpage=3947](http://www.wpath.org/site_page.cfm?pk_%20association_webpage_menu=1352&pk_%20association_webpage=3947)

**Sample letters that support gender reassignment surgeries**

This information can be found at TRANSLINE [https://transline.zendesk.com/hc/en-us/ articles/229372788-Surgery-Sample-Letter](https://transline.zendesk.com/hc/en-us/%20articles/229372788-Surgery-Sample-Letter), Indiana’s Transgender Network [http://indianatransgendernetwork.com/resources /medical-info/hrt/sample-referral-letters- for-hormone-therapy-and-gender- confirming-surgeries/](http://indianatransgendernetwork.com/resources%20/medical-info/hrt/sample-referral-letters-%20for-hormone-therapy-and-gender-%20confirming-surgeries/), and Dr. Christian McGinn’s website [www.drchristinemcginn.com/services/socrequirements.php](http://www.drchristinemcginn.com/services/socrequirements.php)

**Resources on transgender sexual health**

This information can be found at HRC and Whitman Walker’s Safer Sex for Trans Bodies<http://www.hrc.org/resources/safer-sex-for-trans-bodies> and National LGBT Health Education Center’s Sexual Health Among Transgender People [https://www.lgbthealtheducation.org/webinar/ sexual-health-among-transgender-people/](https://www.lgbthealtheducation.org/webinar/%20sexual-health-among-transgender-people/).

**Conferences, lectures, and online trainings related to working with transgender clients**

This information can be found at the Center for Excellence in Transgender Health provider education and training <http://www.transhealth.ucsf.edu/trans?page=lib-00-03>, The Transgender Training Institute <http://www.transgendertraininginstitute.com/services/training/>, and the International Transgender Certification Association <http://www.transgendercertification.org/>.