COLLEGE COUNSELING & PSYCHOLOGICAL SERVICES KNOWLEDGE BASE:

Supported by the American College Counseling Association

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COUNSELING PSYCHOLOGY LITERATURE

PHASE 1: 1998-2008
PHASE 2: 2009-2013
PHASE 4: 2018-2020
De-Centralized College Counseling Knowledge-Base

• In *Student Services: A Handbook for the Profession*, Komives & colleagues (2003) make the case for the important role of counseling and mental health services on college and university campuses. Our data-base fills a professional development gap for college counseling professionals by doing the work of bringing together and disseminating knowledge found across several professional literatures.

• Phase 1 was a review of college counseling articles over 10 years: 1998-2008. Phase 1 reviewed over 200 articles in 10 different journals.

• Phase 2 was a review of college counseling articles over 4 years to bring up database up to date: 2009-2013. Phase 2 reviewed over X articles in 10 different journals.

• Phase 3 was a review of college counseling articles over 4 years to further update the database: 2014-2017. Phase 3 reviewed nearly 400 articles in 9 different journal.

• Phase 4 was a review of college counseling articles over 3 years up approximately the COVID-19 moment to bring the database up-to-date: 2018-2020. Phase 4 reviewed over 400 articles in 9 journals.
De-Centralized College Counseling Knowledge-Base: Journals Included in Our Data-Base

- College Counseling Literature
  - *Journal of College Counseling*
  - *Journal of College Student Psychotherapy*
- College Student Development Literature
  - *College Student Journal*
  - *Journal of College Student Development*
  - *NASPA Journal/Journal of Student Affairs Research and Practice*
- College Student Health Literature
  - *Journal of American College Health*
- Counseling Psychology Literature
  - *Journal of Counseling Psychology*
  - *The Counseling Psychologist*
- Professional Counseling Literature
  - *Journal of Counseling & Development*
  - *Measurement & Evaluation in Counseling and Development*

Image 1: Venn diagram depicting overlap of college counseling, college student development, college student health, counseling psychology, and professional counseling.
College counseling themes emerging from the Counseling Psychology Literature:  
*Journal of Counseling Psychology (JCP)*  
*The Counseling Psychologist (TCP)*

Phase 1: 1998-2008

- **Theme 1: Specialized campus populations**  
  - JCP (40 articles), TCP (4 articles)
- **Theme 2: College student counseling and mental health needs and presenting concerns**  
  - JCP (17 articles), TCP (0)
- **Theme 3: Attachment theory and self-efficacy**  
  - JCP (8 articles), TCP (0)
- **Theme 4: College student help-seeking**  
  - JCP (5 articles), TCP (0)
- **Theme 5: Intake & assessment**  
  - JCP (4 articles), TCP (0)
- **Theme 6: Professional issues and trends**  
  - JCP (4 articles), TCP (2 articles)
- **Theme 7: Counseling interventions and outcomes**  
  - JCP (1 article), TCP (0)
College counseling themes emerging from the Counseling Psychology Literature:

*Journal of Counseling Psychology (JCP)*

*The Counseling Psychologist (TCP)*

Phase 2: 2009-2013

- **Theme 1: Specialized campus populations**
  - *Divided into 12 specific sub-themes (see following page)*

- **Theme 2: College student counseling and mental health needs and presenting concerns**
  - JCP (13 articles), TCP (1 article)

- **Theme 3: College student help-seeking**
  - JCP (9 articles), TCP (3 articles)

- **Theme 4: Counseling interventions and outcomes**
  - JCP (9 articles), TCP (0 articles)

- **Theme 5: Intake & assessment**
  - JCP (5 articles), TCP (1 article)

- **Theme 6: Attachment Theory & Self-Efficacy**
  - JCP (3 articles), TCP (1 article)

- **Theme 7: Professional issues and trends**
  - JCP (2 articles), TCP (0 articles)
Theme 1 emerging from the Counseling Psychology literature, Phase 2: Specialized populations

- **Sub-Theme 1A: Gender & ethnicity** (JCP 25, TCP 5 articles)
- **Sub-Theme 1B: International students** (JCP 7, TCP 6 articles)
- **Sub-Theme 1C: Student athletes** (JCP 0, TCP 1 article)
- **Sub-Theme 1D: First-generation students** (JCP 1, TCP 0 articles)
- **Sub-Theme 1E: Community college students** (JCP 1, TCP 0 articles)
- **Sub-Theme 1F: First-generation students** (JCSD 3, JSARP 1, NASPA J 0 articles)
- **Sub-Theme 1G: Military/veteran students** (JCP 1, TCP 0 articles)
College counseling themes emerging from the Counseling Psychology Literature:
Journal of Counseling Psychology (JCP)
The Counseling Psychologist (TCP)


- **Theme 1: Specialized campus populations**
  - *Divided into 3 specific sub-themes (see following page)*
- **Theme 2: Undergraduate psychology & graduate counseling psychology education, training, & supervision**
  - JCP (2 articles), TCP (8)
- **Theme 3: College student help-seeking across campus populations**
  - JCP (4 articles), TCP (5 articles)
- **Theme 4: College student counseling & mental health needs and presenting concerns**
  - JCP (4 articles), TCP (2 articles)
- **Theme 5: Counseling interventions & outcomes**
  - JCP (5 articles), TCP (0 articles)
- **Theme 6: Family of origin issues & influences**
  - JCP (2 articles), TCP (1 article)
Theme 1 emerging from the Counseling Psychology literature, Phase 3: Specialized populations

- **Sub-Theme 1A: Gender & ethnicity** (JCP 15, TCP 4 articles)
- **Sub-Theme 1B: GLBTQ students** (JCP 1, TCP 1 article)
- **Sub-Theme 1C: Military/veteran students** (JCP 1, TCP 0 article)
College counseling themes emerging from the Counseling Psychology Literature:
Journal of Counseling Psychology (JCP)
The Counseling Psychologist (TCP)

Phase 4: 2018-2020

- **Theme 1: Specialized campus populations**
  - *Divided into 3 specific sub-themes (see following page)*

- **Theme 2: College student counseling and mental health needs and presenting concerns**
  - JCP (13 articles), TCP (2)

- **Theme 3: College student help-seeking across campus populations**
  - JCP (5 articles), TCP (2 articles)

- **Theme 4: Counseling interventions and outcomes**
  - JCP (7 articles), TCP (0 articles)

- **Theme 5: Family of origin issues and influences**
  - JCP (3 articles), TCP (1 article)

- **Theme 6: Undergraduate psychology & graduate psychology education, training, and supervision**
  - JCP (2 articles), TCP (0 articles)
Theme 1 emerging from the Counseling Psychology literature, Phase 4: Specialized populations

- **Sub-Theme 1A: Gender & ethnicity** (JCP 17, TCP 21 articles)
- **Sub-Theme 1B: GLBTQ students** (JCP 12, TCP 10 articles)
- **Sub-Theme 1C: Military/veteran students** (JCP 2, TCP 0 article)