COLLEGE COUNSELING & PSYCHOLOGICAL SERVICES KNOWLEDGE BASE:

Supported by the American College Counseling Association

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COLLEGE STUDENT HEALTH LITERATURE

PHASE 1: 1998-2008
PHASE 2: 2009-2013
PHASE 4: 2018-2020
De-Centralized College Counseling Knowledge-Base

• In *Student Services: A Handbook for the Profession*, Komives & colleagues (2003) make the case for the important role of counseling and mental health services on college and university campuses. Our data-base fills a professional development gap for college counseling professionals by doing the work of bringing together and disseminating knowledge found across several professional literatures.

• Phase 1 was a review of college counseling articles over 10 years: 1998-2008. Phase 1 reviewed over 200 articles in 10 different journals.

• Phase 2 was a review of college counseling articles over 4 years to bring up database up to date: 2009-2013. Phase 2 reviewed nearly 500 articles in 9 different journals.

• Phase 3 was a review of college counseling articles over 4 years to further update the database: 2014-2017. Phase 3 reviewed nearly 400 articles in 9 different journals.

• Phase 4 was a review of college counseling articles over 3 years up approximately the COVID-19 moment to bring the database up-to-date: 2018-2020. Phase 4 reviewed over 400 articles in 9 journals.
De-Centralized College Counseling Knowledge-Base: Journals Included in Our Data-Base

- College Counseling Literature
  - *Journal of College Counseling*
  - *Journal of College Student Psychotherapy*

- College Student Development Literature
  - *College Student Journal*
  - *Journal of College Student Development*
  - *NASPA Journal/Journal of Student Affairs Research and Practice*

- College Student Health Literature
  - *Journal of American College Health*

- Counseling Psychology Literature
  - *Journal of Counseling Psychology*
  - *The Counseling Psychologist*

- Professional Counseling Literature
  - *Journal of Counseling & Development*
  - *Measurement & Evaluation in Counseling and Development*

Image 1: Venn diagram depicting overlap of college counseling, college student development, college student health, counseling psychology, and professional counseling.
College counseling themes emerging from the College Student Health Literature: *Journal of American College Health*

**Phase 1: 1998-2008**

- **Theme 1: College student counseling and mental health needs and presenting concerns**  
  - JACH (9 articles)
- **Theme 2: Depression and suicide**  
  - JACH (5 articles)
- **Theme 3: Eating disorders**  
  - JACH (5 articles)
- **Theme 4: Counseling interventions**  
  - JACH (5 articles)
- **Theme 5: Professional Issues and trends**  
  - JACH (3 articles)
- **Theme 6: Specialized populations**  
  - JACH (3 articles)
College counseling themes emerging from the College Student Health Literature: *Journal of American College Health*

Phase 2: 2009-2013

- **Theme 1: Specialized populations**
  - JACH (14 articles)
- **Theme 2: Professional issues and trends**
  - JACH (12 articles)
- **Theme 3: Depression and suicide**
  - JACH (11 articles)
- **Theme 4: College student counseling and mental health needs and presenting concerns**
  - JACH (10 articles)
- **Theme 5: Substance use**
  - JACH (10 articles)
- **Theme 6: Counseling interventions**
  - JACH (7 articles)
- **Theme 7: Eating disorders**
  - JACH (4 articles)
- **Theme 8: Intake and assessment**
  - JACH (2 articles)
College counseling themes emerging from the College Student Health Literature:
*Journal of American College Health*


- **Theme 1: College student counseling and mental health needs and presenting concerns**
  - JACH (16 articles)
- **Theme 2: Substance use**
  - JACH (12 articles)
- **Theme 3: Eating disorders**
  - JACH (11 articles)
- **Theme 4: Depression and suicide**
  - JACH (10 articles)
- **Theme 5: Counseling Interventions**
  - JACH (9 articles)
- **Theme 6: Specialized Populations**
  - JACH (8 articles)
- **Theme 7: Service member/veteran populations**
  - JACH (7 articles)
- **Theme 8: Intake and assessment**
  - JACH (6 articles)
- **Theme 6: Professional issues and trends**
  - JACH (5 articles)
College counseling themes emerging from the College Student Health Literature: Journal of American College Health

Phase 4: 2018-2020

- **Theme 1: College student counseling and mental health needs and presenting concerns**
  - JACH (21 articles)
- **Theme 2: Depression and suicide**
  - JACH (18 articles)
- **Theme 3: Substance use**
  - JACH (16 articles)
- **Theme 4: Counseling interventions**
  - JACH (15 articles)
- **Theme 5: Sleep and stress**
  - JACH (11 articles)
- **Theme 6: Sexual assault and intimate partner violence**
  - JACH (11 articles)
- **Theme 7: Eating disorders**
  - JACH (9 articles)
- **Theme 8: Specialized populations**
  - JACH (8 articles)
College counseling themes emerging from the College Student Health Literature: *Journal of American College Health*

**Phase 4: 2018-2020**

- **Theme 9: Adverse childhood experiences and trauma**
  - JACH (7 articles)
- **Theme 10: Intake and assessment**
  - JACH (7 articles)
- **Theme 11: Service member/Veteran Population**
  - JACH (4 articles)
- **Theme 4: Professional issues and trends**
  - JACH (2 articles)