

## Facebook: Put Your Best Face Forward!

**Martina Sternberg & Marie Soto**  
University of Texas - San Antonio

Facebook is becoming increasingly popular among high school and college students. They use it as a means of staying in contact with their old and new friends across the globe. It seems innocent but do they know that employers, parents and even the Secret Service have access to their facebook? This article will address what facebook is, how students use it, how others can use it and most important, how Career Centers can educate students on how to use Facebook as a positive means of networking.

### What is Facebook?






Facebook.com was created by Mark Zuckerberg to connect people through social networks at schools and it was made available to the public in February 2004. Since that time facebook has become a phenomenon reaching across the world. Facebook includes very personal information, messages, and pictures of the facebook member and friends. It is estimated facebook already has over 3 million users and 60 % log on at least once a day.

### How do students use it?

Students use facebook to stay in contact with friends. However, they “talk” with their friends like they were behind closed doors and are unaware of how far reaching their facebook is. The students are putting personal information online and it can and is being used in a variety of ways not intended for facebook users. Students also put very personal and unprofessional photos on the facebook.

**How can non-students use facebook?** According to the facebook privacy policy, the site operators can share information with third parties; this can include any number of agencies or potential employers. As a parent, I logged into facebook and found my daughter’s facebook and all of her “facebook friends.” I put her name in and up popped all of her information. Stalkers, employers,

parents, faculty, administrators and any number of not so well-intentioned people could find all of a student’s personal information. Students believe their conversations are just between them and their friends but it is like a phone tap. It can be used for positive and negative purposes.

-  At The University of Texas at San Antonio, the vice president of the Student Government Association said he started his campaign on facebook and he is certain that is how he was elected into office.
-  In March a student at Oklahoma State University posted an unfavorable comment about President Bush and was investigated by the Secret Service.
-  A student at Fisher College in Boston was expelled for his online critique of a campus police officer.
-  University of California officials said they could discipline students that live on campus for photographs and information posted that is evidence of illegal activity like drinking in dorms.
-  Employers are also using facebook to recruit workers and to screen out potential employees.

### What can counselors do to inform students?

Remind students to always put their “best face forward.” Students have control over what they put on their facebook and they need to be aware of how facebook can and is being used.

Students should not post anything on their facebook that they wouldn’t intend parents, potential employers or school administrators to see.

While Facebook can be seen as a potentially damaging tool, what can students do to make this a positive experience? From a career services point of view, counselors might use Facebook as a way to demonstrate how networking skills can be transferred to the job search process. Facebook

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## From the President

**June Williams**  
Southeastern Louisiana University

### Happy March to Everyone!

When you read the above statement, I'm curious as to how you interpreted it. Perhaps, you just considered it a greeting. Or, it may have been "Happy 'March' (Noun)," as in the month, or it could have been "Happy 'March' (Verb)," as in "to walk steadily and rhythmically forward in step with others." My intention was to convey all of the above, so let me elaborate just a bit.

I bring greetings to you from the entire executive committee of ACCA. We hope that you are all doing well and are enjoying a great semester and having a Happy March (month). The month of March this year is an exciting one for ACCA. The ACA conference will convene in Montreal at the end of the month, and ACCA will be hosting several activities for our members. (Okay, most of the activities are actually in April – work with me!)

### On Saturday, April 1:

- √ 8:00 - 9:00 a.m. we will hold a meeting of the various ACCA committees as well as anyone interested in participating in a task force for community college counseling. We would like to invite all current committee members, as well as anyone interested in joining an ACCA committee to join us during this time.
- √ 1:00 - 2:00 p.m. we will sponsor the Forum on College Counseling (see separate article in this newsletter) and the Resource and T-Shirt Exchange. Don't forget your college/university T-shirts to share!
- √ 5:00 - 6:30 p.m. is the ACCA reception – always a great time to network with friends and colleagues.

### On Sunday, April 2:

- √ 11:00 - 1:00 a.m. will be our ACCA brunch and business meeting/awards ceremony. This provides us with another opportunity for networking, discussing current and future events and activities, as well as honoring our members who have contributed outstanding service to ACCA.

I can think of no better way to describe being a part of ACCA than as a "Happy March." In my experience, the leadership and membership of ACCA is a "happy," fun-loving, and optimistic group of professionals and students. It is energizing and exciting to be a part of such a dynamic association of people. At the same time, ACCA is "march"ing forward. We have (both individually and collectively) goals and vision, which contribute to our moving forward as an association.

**Thank you for being a part of ACCA's proud March!**

## Exploring New Frontiers in College Counseling

**Sylvia Shortt**  
Conference Co-Chair

The 3<sup>rd</sup> national American College Counseling Association conference, **Exploring New Frontiers in College Counseling**, will be held in Reno, Nevada, October 3-6, 2006, so please make your travel plans very soon! The registration form and list of programs are on the ACCA website.

Register by May 1<sup>st</sup> to receive the super saver rate of \$140. The registration fee includes two lunches and an opening reception which is a wonderful opportunity for college counselors to network with colleagues. There is also a graduate student reception and mentor program. ACCA encourages graduate students to attend and their registration super saver rate is \$100.

There will be 16 hours of total CEU's (5 hours of ethics) at the conference. Our keynote speakers are Tom Balistrieri and Maria "Paahpooh" Balbuena who will present *Sacred Time, Sacred Space, and Sacred Relationships*.

The conference will be held at John Ascuaga's Nugget Casino Resort and reservation information is on the website. At the end of the conference, there will be post convention tours offered for those of you who wish to enjoy a weekend in the beautiful Reno/Lake Tahoe area.

If you have any questions, please do not hesitate to email Sylvia Shortt, sshortt@westga.edu, conference committee co-chair, or Kevin Gaw, kevingaw@unr.edu, on site coordinator. See you in October in Reno!

## Professional Advocacy

**Julie Y. Porter**

**Chair, Professional Advocacy & Public Awareness Committee**

### **Carl D. Perkins Vocational and Technical Education Act (Perkins)**

The Carl D. Perkins Vocational and Technical Education Act (Perkins) focuses on providing individuals with academic and technical skills to compete successfully in a global economy. Perkins was first authorized in 1984. The last reauthorization was in 1998. Congress began reauthorization in 2005 and both the Senate and House passed their own versions of the reauthorization bill. Because of differences in the two versions, a conference committee will be appointed to reconcile the differences between the two bills.

Perkins funding is used in secondary and postsecondary schools. Approximately \$1.4 billion is allocated annually to career and technical education. States receive two main grants under the Perkins Act: 1) Basic State Grants and 2) Tech Prep. States decide how to split the funds between secondary and postsecondary levels. Under Section 118 of the Perkins Act, funds are provided for career guidance and academic counseling. Counseling areas funded include:

- Services for special populations, including students with disabilities
- Career guidance and academic counseling services
- Professional development and technical assistance for teachers, counselors and administrators

Additional information about Perkins can be found at the following ACA web site: <http://www.counseling.org/PublicPolicy/positionPapers.aspx>

### **Update on the Reauthorization of the Higher Education Act (HEA)**

Congress is still working on the reauthorization of HEA. HEA was temporarily extended until March 31, 2006, to continue student aid funding during the reauthorization process. Additional information about HEA is available in the Fall 2005 *Visions*.

### **ACA Legislative Institute**

The ACA Legislative Institute will meet in Washington, D.C. February 25-28. The institute includes advocacy training sessions, counseling issue update sessions, and appointments on Capitol Hill to advocate for counselors and counseling issues.

ACCA members interested in serving on the ACCA Professional Advocacy and Public Awareness Committee may contact Dr. Julia Porter, Committee Chair, at [jporter@meridian.msstate.edu](mailto:jporter@meridian.msstate.edu)



***Mark your calendars!***

### **ACCA's Third National Conference Exploring New Frontiers in College Counseling Reno, Nevada, October 3 – 6, 2006**

Our conference will be held at the beautiful John Ascuaga's Nugget Casino Resort. This event is being co-sponsored by the Nevada College Counseling Association, which is a strong and vital state college counseling organization. The convention will feature:

- ☑ Practical sessions that support your professional growth
- ☑ Continuing education relevant to the practicing college counselor and psychologist (with CEU credits)
- ☑ Opportunities to gather with fellow professionals for learning and networking
- ☑ Fine food and entertainment
- ☑ A relaxed atmosphere for learning and recreating.

Our goal is to support the profession of College Counseling by offering quality opportunities for development, growth, education, and networking. This convention is your chance to partake in the benefits that ACCA provides. It is also your chance to share with your colleagues the programs, information, and education that you have acquired in your career. This is your conference, focused specifically on the needs of the profession of College Counseling, designed to help you be the best professional you can be!

## A Mug Shot

**Stephanie J. Fujii**  
**Maricopa Community College**

I don't think anything really could have prepared me for seeing his mug shot on the wall of the women's restroom.

I had him as a student in one of my classes. While he lacked academic discipline, I could tell that he was a very bright young man. Upon review of his work, I would tell him that I knew he could do better, that he was "capable of greater thought, depth and analysis" than his current work evidenced. He'd slack off for a while and then he'd do great work. Despite inconsistencies in performance, he passed the class. He even opted to take another class with me. Same issues regarding his work, but again he passed.

He was very likable. He would come by my office. He would share about some of challenges he was having in his personal life and at home. He would seek some guidance and clarity on these issues, and his visits were self initiated. I was very hopeful. He seemed to affirm my mission as a community college counselor: Listen to them. Give them unconditional positive regard. Offer guidance to help them to problem solve and negotiate their lives more successfully. Provide them support through our belief in their gifts and abilities until they can see and believe in it themselves. I thought we were doing really good work.

When I entered the women's restroom in our building, I was shocked to see a flyer with a mug shot of this student. *My student???* The flyer claimed some kind of sexual harassment and stated that he was banned from campus. I don't remember the specifics. What I remember is the wave of mixed emotions that I felt then and do now.

The picture on the flyer looked nothing like the kind of young man I knew, the one that I had had in two classes, who had shared about his life in my office, who would smile at my teasing about his inconsistent work promising that he would try and do better. This picture was scary. He looked menacing. It made me wonder and question myself and the counseling relationship and rapport that I

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## Survey Results



**Joyce R. Thomas**  
**ACCA Secretary**

On behalf of the ACCA Executive Committee, we sincerely thank those who completed our recent *MEMBERSHIP SATISFACTION SURVEY*. Two-hundred-sixty-two (262) college counselors completed the on-line survey.

One-hundred-twenty-three (123) of these respondents are current ACCA members. The survey results provided valuable insights and suggestions, and will have strong impact as ACCA leaders continue to enhance membership services. The following are just some of the results:

- ◆ ACCA will continue to offer on-line continuing education opportunities (at reduced rates for ACCA members) through [www.ProfessionalCEU.com](http://www.ProfessionalCEU.com) sessions currently include:
  - *Ethical and Policy Issues When Dealing with Suicidal Behavior on the College Campus,*
  - *A Creative and Collaborative Approach to Test Anxiety Counseling,*
  - *Dream Interpretation: Successful Techniques, &*
  - *The Journal of College Counseling*
- ◆ Survey respondents requested that the following topics be added to our on-line, continuing education offerings:
  - strategies for outreach programming,
  - psychopharmacology,
  - sexual assault counseling,
  - drug/alcohol counseling,
  - treatment of eating disorders among college students,
  - self-injurious behaviors,
  - grief and loss,
  - career development and planning, and
  - brief solution-focused therapy.
- ◆ Sixty-nine (69) percent of respondents had recommended ACCA membership to a college counseling colleague.

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## ACCA Awards Descriptions

**Mark S. Freeman**  
Past President

Part of the mission of ACCA is to support and enhance the practice of college counseling, and one way this is accomplished is through ACCA professional Recognition Awards. Please consider nominating colleagues (or yourself) for recognition this year. The awards available are the following:

**Professional Leadership** - Demonstrated leadership in some aspect of college counseling as it relates to the purposes and goals of ACCA, or leadership and contributions to ACCA as a professional organization.

**Meritorious Service (3)** - Demonstrated service to the profession of college counseling and/or to ACCA; this award will be offered in three categories: community/technical college setting; college or university population under 5000; and college or university population over 5000.

**Outstanding Professional Contribution to Knowledge** - Demonstrated contribution to the advancement of college counseling theory and/or practice by means of a dissertation/thesis, publication, or scholarly presentation.

**Graduate Student Meritorious Service**- Demonstrated evidence of meritorious service to the profession of college counseling and/or ACCA.

**Advocacy for College Counseling** - Demonstrated advocacy of college counseling services or an organization, which has made a significant contribution to the improvement of college counseling services; may honor a college president, vice president, dean, board member, or legislator who has made a significant impact on the national, state, or local level. The recipient need not be a member of ACCA.

Send your submissions to:  
Mark S. Freeman  
Rollins College  
1000 Holt Avenue  
Box 2637  
Winter Park, FL. 32789  
Mfreeman@rollins.edu



## NCCCA: Serving and Growing

**Angela S. Shores**  
NC College Counseling Association

The North Carolina College Counseling Association has struggled for several years with minimal member activity until the Division's Annual Conference in February 2005. During the regular business meeting, three leaders stepped forward to revitalize the division and meet the needs of the division's membership. Christie Allen, a Counselor for TRIO Student Support Services at Sandhills Community College and LPC in private practice, stepped forward as President for the 2005-2006 year. Dr. Jenny Warren, professor and Director of the First Year Program at Pfeiffer University, volunteered to serve as President Elect for the 2005-2006 term. Angela Shores, a Campbell University graduate student completing her internship at Meredith College, volunteered to serve as Secretary/Treasurer for the division for 2005-2006. Starting the upcoming year with new leadership was only the beginning for the NC College Counseling Association!

In order to provide services, meet the needs of the division's membership, and keep college counselors across North Carolina connected, the first annual division newsletter hit the electronic press in September 2005. The next edition of *The Counselor's Corner* is in progress and should be available around the end of March 2006.

The division's first annual fall conference was held on November 4, 2005 at Campbell University. The conference theme was *Working with Multicultural and Diversity Issues on College Campuses* and featured 3 outstanding speakers on the topics of International College Students, African American women, and an overall look at diverse student population needs in the 21<sup>st</sup> century.

To recognize the efforts of the membership, the division established two annual awards: the *Outstanding College Counselor Award* and the *Graduate Student Leadership Award*. Only one was awarded this year – the *Graduate Student Leadership Award* was given to Angela S. Shores, having been nominated by two division members for the award. Although there were no nominations this year for the Outstanding College Counselor Award, both will be offered next year in order to recognize more members for their service and leadership to college counseling in North



## Interpersonal Encounter

**Donald A. Strano**  
Slippery Rock University

I have attempted to write this column on several occasions and have stumbled beyond the deadline for this publication. My struggle comes from an inexplicable need to connect this narrative to the experiences of people along the Gulf-Coast, to Katrina, and to my experience as an American Red Cross mental health volunteer. It is difficult to escape the pain and loss felt while looking at the devastation of my adopted home, and the life changing experience of sharing other's pain and resilience. New Orleans has become a part of me. This is something I have heard others describe but it is surprising to me – just how much the culture, people etc. have taken root in my identity, how much a part of my sense of belonging that has become. It is Mardi Gras today as I write this, the emotion and sense of community visibly emerge from New Orleans.

My task is to write a column as a counselor educator, my plan was to somehow connect the experience of volunteering, of service, of helping, to the training of counselors. But that hasn't worked. I can't make the narrative go there. Perhaps the story transcends these distinctions – Counselor Educator, Counselor.

What is it that makes a good counselor? Scott Miller (Bertolino & O'Hanlon, 2002) suggests that the majority of change in counseling can be attributed to the working alliance between counselor and client, and extra session factors. The smallest portion comes from specific techniques or theories. Yet we (counselor educators) spend so much of our time teaching specific content and so little on

promoting the counselors' development and meaning making – who they are as a person.

The growth that results from joining a community, sharing in someone's life and helping is invaluable. Adam Phillips in a February 26, Op-Ed for the New York Times questions psychotherapy's efforts to become "hard-core science." Phillips suggests "No amount of training and research, of statistics-gathering and empathy, can offset that unique uncertainty of the encounter." It makes sense that we should focus on providing students with such encounters in their life. It also makes sense that these encounters can have significant value for our clients as well. It is about our humanness, our growth, our belonging. It is about being part of a community, letting that community become part of us, and finding value in the experience.

### References

Bertolino, B. & Ohanlon, B. (2002). *Collaborative, Competency-Based Counseling And Psychotherapy*. Boston: Allyn and Bacon.

## Flying Solo

**Marcia Hanlon**  
Aurora University

Who do you turn to when you have no peers? That's the predicament faced by full-time counselors who work alone on college campuses. Sole full-time counselors work on a variety of campuses across the country – and abroad – and enthusiastically seek the support and suggestions from others online.

In January, the "Flying Solo" listserv was launched to fill the niche and the unique needs of sole counselors. This is because while the ACCA and other listservs provide helpful connections to colleagues on other campuses, often the solutions to problems are beyond one-person offices' limited budgets and resources. At those times, the creativity others in a similar position can provide is invaluable. So far, 29 counselors from Vermont to Florida to Arizona to Spain have signed up. As we settle into the semester, time is limited and the listserv is more quiet, but as needs and ideas arise, it's nice to know there are peers out there ready and willing to help out.

If you are the only full-time counselor on your campus, with or without part-time staff or interns and are interested in joining the listserv, please contact [mhanlon@aurora.edu](mailto:mhanlon@aurora.edu).

### ACCA Listserv

**To subscribe** send an email message to:  
[Majordomo@listserver.tamu-commerce.edu](mailto:Majordomo@listserver.tamu-commerce.edu)

In the body type: subscribe acca-1  
(leave subject line blank)

**To subscribe to the digest version**  
send an email message to:

[Majordomo@listserver.tamu-commerce.edu](mailto:Majordomo@listserver.tamu-commerce.edu)

In the body type: subscribe acca-1-digest  
(leave subject line blank)



## ACCA Graduate Students

### Activities in Montreal

**Derrick A. Paladino**  
**University of North Texas - Dallas**

This year in Montreal, ACA will be holding the

#### **Inaugural Graduate Student Summit** **Monday, April 3, 2006**

*Safeguarding the Future of the American Counseling Association and the Counseling Profession* will take place during two sessions on that day (Montreal Convention Center, Rm. 524).

**Session 1 (9:45 a.m.-10:45 a.m.)** will comprise an address by Patricia Arredondo (ACA President) on the scope and mission of the Graduate Student Taskforce (GSA):

*"...the future of ACA lies with graduate students and young professionals, therefore GSA is an imperative for ACA. Mentoring and involving students in leadership assignments and then roles is the way we make the organization vital, diverse, and futuristic. We have to create legacies, in the words of César Chávez and this is what GSA promotes—a legacy for ACA."* (Patricia Arredondo)

The second part of Session 1 allows students the opportunity to speak with several ACA Divisions. Divisions will discuss professional development, leadership development, and mentoring for counseling students within their organization. ACCA is proud to be one of the divisions assisting with this endeavor.

**Session 2 (11:00 a.m.-12:30 p.m.)** is designed to address and create a dialogue with students in the areas of professional development, leadership development, and mentoring for counseling students. This session will be facilitative and interactive with handouts, strategies and discussion questions. Students will have the opportunity to talk with prominent members of the counseling profession such as Dr. Courtland Lee and Dr. Richard Hazler.

### Grant Recipients

**Greta Davis**  
**University of North Texas - Dallas**

There were fifteen graduate students who applied for the **ACCA 2006 Reno Conference Grant**. Congratulations to the following grant recipients!

Jeffrey Badger \* Shannon Bowles \* Carol Smith  
 Angela Shores \* Joan Steidl \* Sparkle Greenhaw  
 Elizabeth Huss Secrist

#### **2006 ACA Convention – Grant Recipients**

This grant was open to graduate student and new professionals. Nine individuals applied for the grant. Congratulations to the following graduate students and new professionals who received the grant:

Jim Bauer \* Maggie Guglielmi \* Christine Poleski  
 Angela Shores \* Keith Mobley (New professional)  
 Derrick Paladino (New professional)

The **ACCA Graduate Student Committee** is concerned with addressing the needs of graduate students in our association. Members of the GSC assisted with the evaluation of ACCA grants during fall 2005. This committee has grown to include the following members:

Sparkle Greenhaw, Chair  
 Nicole Alberti \* Jeff Badger \* Bobbi Knicke  
 Carol Mercer \* Julie Nelson \* Dan O'Donnell  
 Chrissy Poleski \* Angela Shores \* Andrew Ueland  
 Mae Villanueva \* Kipp Wilfong \* Laura Wyatt  
 Derrick Paladino \* Rachael Samuel

#### *A Time To Network and Prepare for the Future*

Sunday, April 2 12:30 – 1:30 pm

Le Centre Sheraton Hotel, Salons 6 and 7

A time for graduate students to meet each other and leading figures in ACA. Hosted by Graduate Student Volunteer coordinators: Veronica Bordes, Carrie Davidson, Veronica Rodriguez

## Opportunities for Online Continuing Education Credits!

In collaboration with ProfessionalCEU.com, ACCA currently offers the following excellent courses created and delivered by college counseling experts. We are always looking to expand our offerings, and we need your help. If you have suggestions for possible topics, please contact Rhonda Perry, our Professional Development Chair, at rperry@kennesaw.edu.

**Dream Interpretation: Successful Techniques** by Mark Freeman, Ph.D. (2 Contact Hours; \$30 for non-ACCA members; \$25 for ACCA members) This course describes the essential aspects of a creative, experiential course in dream interpretation for psychology and counseling students. Such a course offers counselor educators an opportunity to develop basic interviewing and advanced processing techniques in their students while facilitating greater self-exploration and improved relational functioning.

**Ethical and Policy Issues When Dealing with Suicidal Behavior on the College Campus** by Perry C Francis, Ed.D., LPC, NCC, and Mary Jeanne Raleigh, M.A. (3 Contact Hours; \$30 for ACCA Members, \$45 for non-members). This workshop addresses (a) ethical considerations when working with students who present with suicidal behavior; (b) suicide assessment with college students; and (c) policy and procedure considerations for counseling centers at colleges/universities.

### A Creative and Collaborative Approach to Test Anxiety Counseling

Joyce R. Thomas (3 Contact Hours; \$45 for non-members; \$30 for ACCA members) At the conclusion of this course, participants will (a) have a clearer understanding of what test anxiety "looks like" among college students; (b) add numerous, effective test-anxiety counseling techniques to their repertoire, and (c) have a renewed understanding of how collaboration with other departments can be a win-win situation for all involved.

## CAS National Symposium

### CAS Standards, Self-Assessment, and Student Learning Outcomes in Higher Education

November 12-14, 2006  
Hilton Crystal City Hotel, Washington, DC  
*Council for the Advancement of Standards  
in Higher Education*

### Keynote Speakers

- Richard P. Keeling, M.D.  
Chief Executive Officer & Executive Consultant  
Keeling & Associates, Inc. (K&A)
- Susan Komives, Ed.D.  
Associate Professor of Counseling & Personnel Services, University of Maryland, College Park

### Programs

- CAS Basics: Introduction to CAS materials & approach

### Learning Sessions

- Connecting Functional Areas to Student Learning Outcomes
- Frameworks for Assessing Learning Development Outcomes: Setting the Foundation for Imagining the Future
- Preparing for Institutional Accreditation
- Creating a Culture for Assessment

### Round Tables

- Round table discussions institution type
- Round table discussions by functional area

Early Registration cost: \$195 - Limited to the first 300 registered participants  
Room cost: \$169/night, single or double  
For more information contact: Phyllis Mable, CAS Executive Director, (202) 862-1400  
or visit [www.cas.edu](http://www.cas.edu)

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Melanie Bullock, University of Texas - El Paso  
Stephanie Fujii, Estrella Mountain Community College  
Derrick Paladino, University of North Texas  
Donald Strano, Slippery Rock University,

Visions Editor  
Community College Column Editor  
Graduate Student Column Editor  
Counselor Educator Column Editor



## America Counseling Association's Annual Convention Montreal, Quebec Canada March 30 - April 3, 2006

**Theme: Culture-Centered and Diversity Counseling Empowers All Families**

There are a plethora of educational sessions, workshops, meetings, social events, networking opportunities, and sight-seeing activities available to the 3,000 participants expected at the 2006 ACA Annual Convention. The biggest challenge will be fitting everything in!

There are events specifically sponsored and offered by the American College Counseling Association. On the following pages you will find information regarding these events. While it is impossible to list each of the sessions and events that interest all college counselors, I have attempted to list sessions identified as having a college counseling focus. Best wishes for a successful and educational convention experience!

*Melanie Bullock, Visions Editor  
University of Texas, El Paso*



### **The Forum on College Counseling April 1, 2006 from 1:00-2:00**

You are invited to participate in what will be a helpful session aimed at assisting college counselors with mental health and liability issues.

The presenter is Carolyn Reinach Wolf, who will take your questions in an "Ask The Lawyer" format. She will address questions and concerns on a variety of issues including liability risks of student suicide, issues relating to confidentiality, parental notification, HIPPA, FERPA, disclosure to federal agencies, release of confidential documents, potential liability related to disclosure and the possible conflict between administration and parents. Ms. Wolf will also assist with how much intervention to do on site versus referrals to other mental health professionals, documentation, and risk prevention. Come prepared with questions!

*See you in Montreal!  
Rhonda Perry  
Kennesaw State University*

Check the 2006 ACAConference Program for the following **ACCA sponsored presentations:**

- Five-dimensional Counseling: Structuring the Eclecticism of our Practice  
G. W. Hall, J. Frevert, & C. Sandlin
- Grief Counseling Techniques with College Students  
Keren M. Humphrey
- College Counselors and Dual Relationships on Small College Campuses  
Greta A. Davis.
- Using Choice Theory Techniques to Help At-Risk Freshmen Develop Life Skills  
Julia Y. Porter
- Multicultural Sensitive Intake Checklist: Development, Factor Analysis, Reliability, and Validity  
Ruth Chao



### **ACCA Meetings**

**Community College Counseling Interest Group  
Sat. 4/1 8 - 9 am**

**Forum on College Counseling / Resource & T-Shirt Exchange \* Sat. 4/1 1-2 pm**

**ACCA Reception  
Sat. 4/1 5 - 6:30**

**ACCA Brunch & Business Meeting  
Sun. 4/2 11 - 1**



**ACCA Sponsored Session****Grief Counseling Techniques With College Students**

Saturday, April 1, 11:30 am – 12:30 pm

Convention Center, Room 513A/B/C

Keren M. Humphrey, Texas A&amp;M University–Commerce

*What techniques are helpful in grief counseling with college students, and exactly how and when do I implement these techniques? This program presents a range of interventions for addressing issues associated with death-related and non-death related loss. It provides detailed descriptions for implementation and suggestions for discerning appropriateness for client and context. Interventions and approaches include: external and internal dialogues, metaphors, thematic genograms, rituals, narrative strategies, brief therapy, experiential focusing, imagery, and cognitive restructuring. Special topics include: unfinished business, secondary gain, dissonance, ambiguous loss, disenfranchised grief, existential themes, and adaptive grieving styles. Handouts provided.*

**Rethinking Traditional Strategies to Deter Harmful College Drinking**

Saturday, April 1,

11:30 am – 12:30 pm

Convention Center, Room 523A

T. F. Lewis &amp; J. Gouker, University of North Carolina–Greensboro

*In the United States, alcohol abuse and associated problems are considered by far the most serious public health concern facing our colleges and universities. Recent developments in government, higher education, and the public health community, as well as recent media campaigns have illuminated the issue and lead to greater public awareness. Unfortunately, traditional deterrence strategies have failed to consider students' motivation for changing drinking behavior. The presenter will discuss the results of research designed to identify readiness to change variables that best explain dimensions of alcohol involvement among a sample of heavy-drinking college students. Counseling implications, including strengthening commitment to change, reinforcing positive steps, and assisting with formulating specific action plans, will be discussed.*

**ACCA Sponsored Session****Multicultural Sensitive Intake Checklist**

Saturday, April 1, 11:45 am – 12:15 pm

Convention Center, Room PS5

Ruth Chao, Tennessee State University

*Racism-related stress is a key to understanding ethnic minority clients' mental health issues. However, racism-related stress does not exist in most current checklists. The proposal will develop the Multicultural Sensitive Intake Checklist's (MSIC) psychometric properties and examine its reliability and validity.*

*Study 1 aims to generate a pool of initial items. The investigator will conduct an exploratory factor analysis on data from a sample of ethnic minority clients. Study 2 will examine the MSIC's reliability, validity, and stability of its factor structure by using confirmatory factor analysis. Study 3 will examine the MSIC's 2-week test-retest reliability coefficients.*

**ACCA Sponsored Session****College Counselors & Dual Relationships on Small College Campuses**

Saturday, April 1, 11:45 am – 12:15 pm

Convention Center, Booth PS6

Greta A. Davis, University of North Texas–Dallas

*Dual relationships on college campuses are difficult to avoid, especially on small college campuses where counselors often serve in multiple roles. Advantages and disadvantages of allowing dual relationships to exist, the role of informed consent, and implications for working with diverse populations will be explored.*

**Racial Identity & Adjustment Among Native American Students**

Saturday, April 1,

11:45 am – 12:15 pm

Convention Center, Booth PS8

Joshua C. Watson, Mississippi State University–Meridian

*This session will present the results of a recent study conducted to assess the relationship between racial identity attitudes and college students' adjustment among Native American students. A sample of first-year Choctaw students enrolled at various community colleges throughout eastern Mississippi was surveyed to determine their perceived level of adjustment. Results indicate that racial identity attitudes play a significant role in affecting both academic and social adjustment. Implications for counselors will be discussed and possible interventions designed to facilitate adaptive adjustment will be presented.*

**ACCA Sponsored Session****Using Choice Theory Techniques to Help At-Risk Freshmen Develop Life Skills**

Saturday, April 1, 11:45 am – 12:15 pm

Convention Center, Booth PS7

Julia Y. Porter, Mississippi State University–Meridian

*College counselors are often challenged to help at-risk freshmen develop life skills that will enable these students to be successful academically, professionally, and personally. This session focuses on techniques developed from the concepts of choice theory over a ten-year period that have been successfully implemented in practice with hundreds of at-risk freshmen.*



**Counseling Needs of Black American College Students**

Saturday, April 1, 11:45 am – 12:15 pm

Convention Center, Booth PS11

Harrison Davis, North Georgia College and State University

*There is a great need for the preparation of college mental health staff to adequately handle the growing number of Black college students and their culturally specific issues. This program presents research on the counseling needs of Black American college students and the unique challenges they face. The results of this study are expected to increase awareness of specific developmental, career, and psychological issues prevalent in this group of college students.*

**Students With Disabilities in Postsecondary Education**

Saturday, April 1, 11:45 am – 12:15 pm

Convention Center, Booth PS12

AdriAnne L. Johnson, University of Arkansas

*Presenter addresses how physical barriers, student services, and faculty and peer attitudes impact the psychosocial adjustment of students with disabilities in the postsecondary educational environment and thereby influence the academic achievement of this diverse population. Presentation is designed to disseminate useful and relevant information for student affairs and counseling professionals regarding how to better address the needs of students with disabilities in postsecondary institutions and the needs of their families, specifically regarding legislation, retention issues, transition services, and multicultural considerations. Handouts will be available.*

**Focusing-Oriented Process Measures in a University Counseling Center**

Saturday, April 1, 11:45 am – 12:15 pm

Convention Center, Booth PS10

Kathryn Kurdt Brooks, Shippensburg University

*Focusing is a process of paying attention to something initially vague but distinctly present within one's bodily-felt flow of experiencing, interacting with it through words or symbols, and carrying it forward by making the implicit meaning explicit. Counselors can facilitate this process with their clients in a variety of ways. This session presents the results of a research study examining relevant experiential components with college counseling center clients, through the lens of several instruments designed to capture critical elements of focusing-oriented psychotherapy. These include the Experiencing Scale, The Focusing Oriented Session Report, and Therapist Rating of Client Focusing Activity.*

**Actively Cope With Stressful Situations**

Saturday, April 1, 11:45 am – 12:15 pm

Convention Center, Booth: PS13

Ming-hui Li &amp; Pai-Lin Lee, St. John's University

*This study explored the nature of active coping in a sample of 244 college students in Taiwan. Findings showed that active coping was stable across different stressful situations and across different stress levels. A performance-related trait did not predict active coping in performance-related stressful situations. A relation-related trait did not predict active coping in relation related stressful situations. It appears that active coping is a stable trait instead of a response caused by a match between personality traits and specific stressful situations. Practical implications of the findings are discussed.*

**Psychosocial Development in International and American College Students: A Comparative Study**

Saturday, April 1,

11:45 am – 12:15 pm

Convention Center, Booth: PS14

Daniel P. Macari,

St. Cloud State University

*International students are becoming an increasingly large population on the American college campus. Much effort is put toward recruiting these students and ensuring their academic and immigration eligibility. If student development is a goal for all college students, the question arises*

*how well are programs and services attending to the developmental needs of these students? This study examines psychosocial development in a group of international students and compares this development to a comparable group of American students. Implications for student development practice are discussed.*

**Redefining Abuse for the College Student**

Saturday, April 1, 12:45 pm – 1:15 pm

Convention Center, Booth: PS14

M. A. Matthews, Ohio University

*College educated students continue to define abuse in narrow terms, ignoring verbal and emotional abuse. Women in violent relationships continue to be blamed and misunderstood in regards to their reasons for staying with the abuser. Counselors, emerging counselors, and educators need to realize how college educated students, including counseling students, perpetuate blaming-the-victim type mentality, and limit the complexity and impact of abuse. This presentation will include personal teaching experiences from two three-quarter-hour courses taught entitled, "Intimate Abuse: Moving Toward Healthy Relationships."*

**Viewing the Campus and Community Through a Personal Lens**

Saturday, April 1, 12:45 pm – 1:15 pm

Convention Center, Booth: PS7

J. Murdock &amp; N. Kosine, University of Wyoming

*The purpose of this poster is to provide counselors in all settings a unique and creative way of considering multiculturalism and diversity through photography. This project's goal is to encourage counselors to view our campus and community environments from diverse perspectives. The audience will be invited to view a slideshow of student-generated photography from this project. In addition, the audience will be provided with student feedback regarding their experiences and a handout outlining how to conduct the project in their setting.*



*Therefore, in this presentation, the audience will watch a short video montage developed from MTV and VH1. Next, participants will identify the images, messages, and reactions they had to the clip. Next, we will present a review of the literature related to the impact of media on adolescents. We will then discuss the factors contributing to adolescents' choice of role models in the media. Finally, we will propose several effective counseling strategies for understanding and connecting with youth through pop culture.*

**Affirming Invisible Identities in Counseling Multiracial Individuals**

Saturday, April 1, 3:15 pm – 4:15 pm

Convention Center, Room 520E

K. R. Kenney &amp; D. Barlieb, Kutztown University

*This program will discuss and explore the concept of invisible identities as related to the racial and ethnic identities and physical appearances of multiracial individuals. The presenters will offer counseling strategies that are useful for assisting multiracial individuals in recognizing, acknowledging, and affirming all aspects of their racial and ethnic identities and heritages.*

**Spirituality and Career Counseling**

Saturday, April 1, 3:15 pm – 4:15 pm

Convention Center, Room 525A

J. M. Fischer &amp; B. Birdsall,

University of Idaho

*This presentation provides counselors with the results of a qualitative research project exploring the theoretical integration of spiritual and career counseling. Counselors will gain a greater awareness, understanding, and skills in implementing an integrative approach. Participants will be engaged in relevant exercises and a case example.*

**Images, Icons, and Ideals: Implications for Counseling Girls and Women in a Culture of Thinness**

Saturday, April 1, 3:15 pm - 4:15 pm

Convention Center, Room 514C

R. Saraceni &amp; S. Russell-Mayhew, Campus Alberta

*Media messages that portray women as ultra-thin are a major contributor of body dissatisfaction because such standards are unattainable for most women. The overwhelming presence of extremely thin images tells women that their bodies require adjustment. A study updating previous research indicates that playboy centerfolds have become significantly thinner and less naturally curvaceous. Women compare themselves to idealized images and take drastic measures to achieve a body shape not attainable through diet and exercise alone. In fact, magazine analysis indicates a decrease in diet and exercise articles and an increase in cosmetic surgery articles. Implications for counseling women are discussed.*

**Career Concerns for People Living With HIV/AIDS**

Saturday, April 1, 3:15 pm – 4:15 pm

Convention Center, Room 518B/C

Brandon Hunt, Pennsylvania State University

*This content session is appropriate for all counselors: rehabilitation counselors, school counselors, career counselors and others who work with career concerns of persons at risk for/are HIV positive or who have AIDS will find this session particularly helpful.*

**Who Am I? Making Meaning Through Understanding Pop Culture's Impact on Today's Youth**

Saturday, April 1, 3:15 pm – 4:15 pm

Convention Center, Room 512E

P. E. Jones &amp; V. Schwiebert, Western Carolina University

*This presentation will address the need for counselors to understand the importance and impact of pop culture and media on youth in order to develop and implement effective counseling strategies. With a rise in diversity representation within media, individuals from a wide variety of backgrounds are finding role models they can relate to in pop culture.*

**A Group Model for Those Grieving the Suicide of a Loved One**

Saturday, April 1, 3:45 pm – 4:15 pm

Convention Center, Booth: PS12

Elizabeth A. Clary, Saint Louis University

*This presentation is designed to provide attendees with a look at developing a group for survivors of suicide. The session will focus on the impact suicide has on those left behind and how to*

*do helpful counseling with those survivors. Dealing with the guilt and stigma attached to suicide causes many survivors to isolate. This group model proposes taking Yalom's therapeutic factors and incorporating them into the sessions to aid in the grieving process.*

### **Back to the Future: Using Culturally Sensitive Genograms for Assessment and Intervention**

Saturday, April 1, 4:45 pm – 6:15 pm  
Convention Center, Room 516E  
Sherri Muchnick, Capella University

*This workshop presents a culturally sensitive, clinical assessment technique used to gather history, join with clients, and plan treatment strategies. Genograms consider the cultural context of the family and highlight repetitive patterns, relationship dynamics, and family strengths; it is a graphic way of organizing the mass of information gathered during an individual or family assessment.*

*Through case examples which emphasize cultural perspective and diverse family forms, attendees will learn to: construct a genogram using standard methods and symbols; explore the genogram as a culture sensitive assessment tool, and develop treatment plans from a variety of therapy models.*



### **The Changing Face of Career Development**

Saturday, April 1, 4:45 pm – 6:15 pm  
Convention Center, Room 514A  
Phillip S. Jarvis, National Life/Work Center

*Accelerating change in contemporary workplaces is altering the focus of career development from helping people CHOOSE long-term occupational destinations to helping them LEARN a set of essential career and life management and navigation skills.*

*These skills cannot be learned from books or lectures. Theories of cognitive science tell us that real learning can only occur when people are actively engaged in situations where these essential skills must be applied. This dramatically changes the theoretical bases and the practice of career development. This presentation will be illuminating and inspiring for anyone engaged in career development in any setting.*

### **Empowering Women for Multiple Life-Career Roles**

Sunday, April 2, 8:00 am – 9:00 am  
Convention Center, Room 520A  
C. Booth & J. E. Myers, North Carolina A & T State University

*This session will present original research examining factors that influence the career development of young Caucasian and African-American undergraduates using Social Cognitive Career Theory as a foundation. Specifically, the predictive value of wellness and multiple role planning attitudes on career aspiration will be discussed, and observed group and cultural differences among these variables will be shared.*

### **Baby on Board: Counseling the Millennials**

Sunday, April 2, 8:00 am – 9:00 am  
Convention Center, Room 514B  
J. M. Brown & K. Kerford, Sir Sandford Fleming College

*Counseling post-secondary students is filled with change, challenge, and opportunity. The Millennial generation is no exception. This session will explore: the archetype millennial, generational differences and similarities, and the challenges and issues the Millennial brings to the counseling relationship. Changes in the delivery of counseling and other institutional services for the Millennial will be discussed. Presenters will focus on the college and university setting, with an emphasis on career and personal counseling. Relevant research, case studies, and counseling interventions will be presented. Participants can expect to learn strategies to integrate into their practice.*

### **Counseling Adult College Students**

Sunday, April 2, 8:00 am – 9:00 am  
Convention Center, Room 523B  
C. M. Rosen-Galvin & G. S. Galvin, Idaho State University

*A literature review of the primary issues, challenges, and needs of adult college student population will be discussed. In addition, influencing variables such as race, ethnicity, age, gender, sexual orientation, disability,*

*socioeconomic status, and others will be explored. The purpose of this program will be to discuss trends and the implications for college and university counselors, advisors, and faculty.*

### **Deliberate Self-Injury: Myths, Realities, Interventions**

Sunday, April 2, 8:00 am – 9:00 am  
Convention Center, Room 514C  
Jack DeStefano, McGill University and Shawna Atkins

*Recent studies are showing that self-injury can be common among non-clinical samples of young people where the behaviour is used for a variety of reasons. There is also some suggestion in the literature that self-injury is a widespread phenomenon that occurs in multi-culturally diverse populations. This presentation will address important issues relevant to working with this clientele with specific attention being paid to counselling strategies and interventions.*

#### **College Counseling Advocacy Booklet**

A valuable tool for promoting college counseling services: <http://www.collegecounseling.org/about/index.html>



#### **Marketing Strategies for College Counseling Centers**

by Bob Mattox

<http://www.collegecounseling.org/about/index.html>  
(click on Advocacy for College Counseling)

### Constantly Connected: A Critical Review of the Key Counseling Issues and Strategies for Generation Y

Sunday, April 2, 3:15 pm – 4:15 pm  
Convention Center, Room 516C

W. C. Bordeau, M. daSilva, K. P. Alessandria, Georgian Court University

*Generation Y (born 1981–1995) is the first throughout history to access the Internet and mobile phones during their formative years. Preliminary research indicates that children who use the Internet heavily may experience heightened risk of social anxiety, depression, and addiction. Similarly, initial research has correlated intensive mobile phone use with health-compromising behaviors. Conversely, research also indicates benefits of technology use. Participants will receive a critical review of relevant research with empirically-derived guidelines for caregivers to help children and adolescents use this technology safely and constructively. Participants will also learn about potentially helpful and harmful youth-focused web sites and obtain detailed handouts.*



### African American Male College Graduates Response to the Developmental Process and Living in America

Sunday, April 2, 3:45 pm – 4:15 pm  
Convention Center, Booth: PS1

J. Donaldson, FirstStarr Rehabilitation and Behavioral Health

*This presentation examines perceived consequences of race-related experiences on highly educated African American male adult development and overall well-being. Three objectives used in the study describe how African American males responded to race-related stressors in four social contexts: on the job, in academia, in the public realm, and racist statements used in the media. Satisfaction with social support networks that African American men use to assuage the effects of race related stressors will also be examined, and lastly, an examination of the relationship between racism experiences and overall psychological well-being will be discussed.*

### Add a Career Counseling Certification to Your Skills Portfolio

Sunday, April 2, 3:45 pm – 4:15 pm  
Convention Center, Booth: PS14

D. Carr & J. Lenz, Carr Training and Consulting

*NCDA's Global Career Development Facilitator (GCDF) training program is an intensive 120-hour curriculum designed to prepare counselors to gain an internationally-recognized certification in career development. This session will include a review of the history, content, training, and certification process related to this credential as well as the benefits to counseling professionals.*

### Cinematherapy for Groups

Sunday, April 2, 4:45 pm – 5:15 pm

Convention Center, Booth: PS13

C. Sharp & L. Stuke, Pittsburg State University

*Cinematherapy is using movies to supplement and reinforce themes in counseling. Counselors can use motion pictures as metaphors to explore, clarify, and facilitate exploration and process in groups. This presentation will discuss how and when films can be used most effectively. A bibliography of movie titles and information on building your own inexpensive video library will be provided.*

### The Best of Peer Helping Programs

Sunday, April 2, 4:45 pm – 6:15 pm

Convention Center, Room 512E

W. Clifford, Quebec Counselling Assoc.

*Counsellors working with Peer Helping Programs are invited to share the best features of their programs with other counsellors. Of interest to those involved in Peer Helping Programs and those considering initiating Peer Helping Programs.*

### Multicultural Competency in Career Counseling and Services

Monday, April 3, 9:45 am – 10:45 am

Convention Center, Room 521A/B/C

Y. Barry Chung, Georgia State University, Atlanta, GA

*This program addresses the need for multicultural competency in career counseling and services. Multiculturalism is broadly defined to include all major cultural dimensions such as race/ethnicity, gender, gender identity, sexual orientation, age, religion/spirituality, social class, and disability. Recommendations for enhancing multicultural competency are provided based on relevant guidelines endorsed by the American Counseling Association and the American Psychological Association. The presenter will invite input from the audience regarding future directions for the National Career Development Association.*

### The Journal of College Counseling Editorial Review Board

will hold its annual meeting at the Spring 2006 ACA Convention on **Sunday, April 2, 1:00 – 2:15**, in Salon #8. The meeting is scheduled to conveniently follow the ACCA Sunday Brunch and Business Meeting.

Agenda items include editorial review topics and issues; planning for upcoming issues; feedback and interaction with Board colleagues; and a chance to help set the agenda for the college counseling knowledge-base. Editorial Review Board Members are the life force of the *Journal* – Make plans now to join your colleagues for this meeting!

**Facebook**

*continued from page 1*

profile can better be used to link up to other students with employment leads and ideas.

We were somewhat astonished when we found a UTSA student on Facebook that had referred to the Career Services Jobbank and placed the Career Services link on their profile. We were overjoyed at finding at least one student who was aware of our services.

We can teach students how student and professional organizations can be an extension of Facebook. While some organizations might receive interest and recognition through the Facebook, it is then up to the student to participate in meetings and make those face to face contacts that are so important when searching for jobs.

A student who works in the Career Services office summed things up well when she wisely reported being very cautious of Facebook stating that she had no plans to participate or place any personal information on the site. Her concern was that it would come back to haunt her, someday. She couldn't have stated more clearly the best strategy for students to put their best faces forward especially to potential employers.

We are not preaching to not use Facebook but instead inform the students about the ramifications (both positive and negative) of using Facebook and letting students know that it is always best to put your best face forward! If you would like to view Facebook as your students do, you can go to [www.facebook.com](http://www.facebook.com) and take a look at what your students are putting on their facebook.

**Mug Shot**

*continued from page 4*

thought I had with this student. How could this be? What had we been doing the past year? What happened? Not the incident which caused the expulsion, but how/why/when did it get to this?

As a counselor, I have claimed that I do not necessarily prescribe to the belief that all people are striving for goodness. I tend to think of myself as a cognitive behaviorist along the lines of a somewhat kinder and gentler Albert Ellis type. But, while my attempts to logically rationalize and compartmentalize (boundaries) that as a counselor, I can only work with what the client brings. I have come realize that though this may be the reality, it does not make it easier when I see people fall and make mistakes. I want to be the net that catches them, and yet I can't. They have a make their own nets. As a counselor, I can help, but... sometimes, they don't have, can't give, won't give us more material to build it.



**Expand Library Resources:  
Request the  
*Journal of College Counseling***

The *Journal of College Counseling* (JCC) provides timely articles on professional issues, research, and innovative practices.

As a member of ACCA, you receive a subscription to JCC. However, other professionals, students, and future professionals could also benefit from this excellent resource if you request your institution library to begin a subscription to the journal.

You may cut or copy this form to make a request, or contact your acquisitions librarian directly.

**Library Recommendation Form**

*Please forward this form to your librarian.*

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I recommend that the library subscribes to The *Journal of College Counseling*

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ACA Publications: 1-800-633-4931, or

ACA Subscriptions, POB 2513, Birmingham, AL 35201-2513

## Survey

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- ◆ Respondents rated the following ACCA membership services as the most important in their practice as a college counselor (listed below in order of importance):
  - Journal of College Counseling (81.4% of those who responded to this question indicated the Journal was of highest importance to their work)
  - Listserv
  - Networking
  - National College Counseling Conference
  - On-line Continuing Education Opportunities
  - VISIONS Newsletter
  - State College Counseling Divisions
  - Advocacy Opportunities
  - Leadership Opportunities
  - Research Grant Opportunities
  - Drive-in Workshop Opportunities
- ◆ Seventy (70) respondents indicated that they were likely or very likely to attend the ACCA's third, national conference in Reno, NV, October 3-6, 2006. The most commonly cited factors for not attending included distance, expense, time of year, and change in profession.
- ◆ Of the 155 who responded, 142 (approximately 91%) indicated they were satisfied to very satisfied with their membership in the ACCA.

If you would like a copy the entire survey result summary, please feel free to contact me at [thomasj@otc.edu](mailto:thomasj@otc.edu). Thank you all again for your participation!



**American College Counseling Association  
Third National Conference**

**Exploring New Frontiers in  
College Counseling**

**Reno, Nevada  
October 3-6 2006**

**John Ascuaga's Nugget Casino Resort**

## NCCCA

continued from page 5

Carolina. The NCCCA also sent a representative the ACA Legislative Institute in Virginia February 26-28, 2006.

While the 2005-2006 term is not completed, and more exciting things are being planned for the division's membership, the Executive Board for the 2006-2007 has been filled and elected. Officers for the coming year shall be: Past President, Christie Allen; President, Jenny Warren; President-Elect, Angela Shores; Secretary, Chameeka Smith; Treasurer, Linda Baha'i; and Member at Large, Amanda Patterson. We are excited to see the division go from no leadership to a full board of officers in only two years!!

In honor of the division's efforts throughout this past year to revitalize the division and to serve the needs of its members, the North Carolina Counseling Association recognized the NC College Counseling division with the *Most Improved Division Award for 2005*.

Keep your eyes and ears open for more exciting news from the North Carolina College Counseling Association in the coming year as we continue to grow, meet the needs of our members, and serve the college student populations across North Carolina!! You can stay in touch and visit us at [www.nccounseling.org/NCCCA](http://www.nccounseling.org/NCCCA).

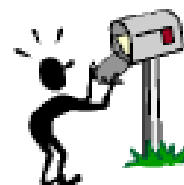
## From the Editor

**Melanie M. Bullock  
University of Texas - El Paso**

Thanks to all of you that contributed articles, news items, and announcements for this edition of *Visions*!

Our goal is to create a valuable resource through which we disseminate information of interest to college and university counselors. To meet this goal we need your help! Please submit articles, mini-case studies, literature reviews, and announcements on what is happening in the "world of college counseling."

*Visions* is published November, March, and July. Submissions are due four weeks prior to publication.



Send submissions for  
[mmbullock@utep.edu](mailto:mmbullock@utep.edu)  
Please include *Visions* in your  
email subject line.